

Educating youth towards sustainable, healthy and equitable food systems

The EDU4Food project is funded by the Erasmus+ program within the framework of the KA220 - YOU - Cooperation Partnership in Youth Education.



About

The EDU4Food project focuses on developing competencies in **sustainable food-relevant sectors** and promoting deep knowledge of the main pillars of the **Farm to Fork Strategy** through educational modules as well as activities, methodologies, and lesson plans that align with sustainability goals.

Through the deliverables produced, the project supports the **testing of innovative practices that prepare young learners, youth workers, and the participating staff to embrace sustainable behaviours**. This includes encouraging resource-saving practices, reducing energy consumption and waste, offsetting carbon footprints, and promoting sustainable choices in food production and consumption.

The project also emphasizes behavioural changes at an **individual level, targeting preferences, consumption habits, and lifestyles** that align with the principles of the **New European Bauhaus** initiative.

Goals

The Edu4Food project has five key objectives



- 01.** Educate young people about sustainable food systems.
- 02.** Inspire consumption change through interactive tools for youth workers.
- 03.** Promote healthy eating, foster youth employment in the food industry.
- 04.** Connect young people with local stakeholders, and disseminate project results.
- 05.** Promote inclusivity and accessibility, ensuring the project's material engages and involves people from disadvantaged backgrounds.



Project Results



Training Package including **educational modules** on the **Farm to Fork strategy**, **case studies**, **training kit**, **career opportunities**, **sustainable recipes** and **cooking videos**, **quizzes** and **activity guide**



Interactive Space providing access to the project's material in an interactive format including an **e-learning system**, **game**, **resources repository** and **piloting sessions**



Local Initiatives on food education including **workshops**, **local activities**, **expos**, **EDU4Food magazine** and **farm visits**

Target groups

- Young people aged from 18-30, especially disadvantaged youth
- Youth workers, youth mentors and education providers

Consortium

The project is implemented by a consortium of five organisations from different EU countries, each with expertise in the fields of education, sustainability, entrepreneurship and social inclusion.

Coordinator



Partners



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